

PUBLIKATIONEN 2019

	Titel	Autoren	Zitat
2020 - 20	Screening auf familiäre Hypercholesterinämie in einer pädiatrischen Praxis – Ein wichtiger Beitrag zur Prävention von CVD	K.Widhalm · L. Lang · D. Zaknun	Monatsschr Kinderheilkd 09 August 2019
2019 - 19	Impfen oder Nichtimpfen, das ist hier die Frage	Kurt Widhalm	Pädiatrie & Pädologie, Ausgabe 3/2019
2019 - 18	Behandlung einer familiären Hypercholesterinämie in einer pädiatrischen Praxis – Case Report	Lukas Lang ·Magdalena Schrittwieser · Daniela Zaknun · Raute Sunder-Plassmann · Harald Esterbauer · Kurt Widhalm	Paediatr. Paedolog. 2019 · 54:186–188
2019 - 17	Prevalence of Prediabetes and Type 2 Diabetes in Children With Obesity and Increased Transaminases in European German-speaking Countries. Analysis of the APV Initiative	Florian Koutny, Daniel Weghuber, E Bollow, S Greber-Platzer, K Hartmann, A Körner, T Reinehr, M Roehl, G Simic-Schleicher, M Wabitsch, K Widhalm , S Wiegand, R W Holl	Pediatr Obes. 2019 Dec 6.
2019 - 16	Gender Influences Physical Activity Changes During Adolescence: The HELENA Study	L Béghin , J Vanhelst, E Drumez, J H Migueles, O Androutsos, K Widhalm , C Julian, L A Moreno, S De Henauw, F Gottrand, HELENA study group	Clin Nutr. 2019 ;38(6):2900-2905
2019 - 15	Dietary Patterns and Their Relationship With the Perceptions of Healthy Eating in European Adolescents: The HELENA Study	Natalia Giménez-Legarre, Alba M Santaliestra-Pasías, Laurent Beghin, Jean Dallongeville, Alejandro de la O, Chantal Gilbert, Marcela González-Gross, Stefaan De Henauw, Anthony Kafatos, Mathilde Kersting, Catherine Leclercq, Yannis Manios, Denes Molnar, Michael Sjöström, Kurt Widhalm , Inge Huybrechts, Luis A Moreno, HELENA Study Group	J Am Coll Nutr. 2019 ;38(8):703-713

2019 - 14	Adherence to the Mediterranean Diet in Metabolically Healthy and Unhealthy Overweight and Obese European Adolescents: The HELENA Study	Lide Arenaza, Inge Huybrechts, Francisco B Ortega, Jonatan R Ruiz , Stefaan De Henauw, Yannis Manios, Ascensión Marcos, Cristina Julián, Kurt Widhalm , Gloria Bueno, Mathilde Kersting, Anthony Kafatos, Christina Breidenassel, Raquel Pedrero-Chamizo, Frédéric Gottrand, Marcela González-Gross, Luis A Moreno, Idoia Labayen	Eur J Nutr. 2019 ;58(7):2615-2623
2019 - 13	Estimated dietary intake of polyphenols in European adolescents: the HELENA study.	Wisnuwardani RW, De Henauw S, Androutsos O, Forsner M, Gottrand F, Huybrechts I, Knaze V, Kersting M, Le Donne C, Marcos A, Molnár D, Rothwell JA, Scalbert A, Sjöström M, Widhalm K , Moreno LA, Michels N.	Eur J Nutr. 2019 ;58(6):2345-2363
2019 - 12	Brown adipose tissue estimated with the magnetic resonance imaging fat fraction is associated with glucose metabolism in adolescents.	Lundström E, Ljungberg J, Andersson J, Manell H, Strand R, Forslund A, Bergsten P, Weghuber D, Mörwald K, Zsoldos F, Widhalm K , Meissnitzer M, Ahlström H, Kullberg J.	Pediatr Obes. 2019 ;14(9):e12531
2019 - 11	Relative validation of the adapted Mediterranean Diet Score for Adolescents by comparison with nutritional biomarkers and nutrient and food intakes: the Healthy Lifestyle in Europe by Nutrition in Adolescence (HELENA) study.	Aparicio-Ugarriza R, Cuenca-García M, Gonzalez-Gross M, Julián C, Bel-Serrat S, Moreno LA, Breidenassel C, Kersting M, Arouca AB, Michels N, Mouratidou T, Manios Y, Dallongeville J, Gottrand F, Widhalm K , Kafatos A, Molnár D, De Henauw S, Gunter MJ, Huybrechts I.	Public Health Nutr. 2019 ;22(13):2381-2397
2019 - 10	Interplay between the Mediterranean diet and C-reactive protein genetic polymorphisms towards inflammation in adolescents.	Arouca A1, Meirhaeghe A, Dallongeville J, Moreno LA, Lourenço GJ, Marcos A, Huybrechts I, Manios Y, Lambrinou CP, Gottrand F, Kafatos A, Kersting M, Sjöström M, Widhalm K , Ferrari M, Molnár D, González-Gross M, Forsner M, De Henauw S, Michels N; HELENA Study Group.	Clin Nutr. 2019 Aug 23.
2019 - 09	Diet as a moderator in the association of sedentary behaviors with inflammatory biomarkers among adolescents in the HELENA study.	Arouca AB, Santaliestra-Pasías AM, Moreno LA, Marcos A, Widhalm K , Molnár D, Manios Y, Gottrand F, Kafatos A, Kersting M, Sjöström M, Sáinz ÁG, Ferrari M, Huybrechts I, González-Gross M, Forsner M, De Henauw S, Michels N; HELENA study group.	Eur J Nutr. 2019 ;58(5):2051-2065.

2019 - 08	Diet as moderator in the association of adiposity with inflammatory biomarkers among adolescents in the HELENA study.	Arouca A, Moreno LA, Gonzalez-Gil EM, Marcos A, Widhalm K , Molnár D, Manios Y, Gottrand F, Kafatos A, Kersting M, Sjöström M, Amaro-Gahete FJ, Ferrari M, Huybrechts I, Gonzalez-Gross M, De Henauw S, Michels N.	Eur J Nutr. 2019 ;58(5):1947-1960
2019 - 07	Muscle strength field-based tests to identify European adolescents at risk of metabolic syndrome: The HELENA study.	Castro-Piñero J, Laurson KR, Artero EG, Ortega FB, Labayen I, Ruperez AI, Zaquout M, Manios Y, Vanhelst J, Marcos A, Polito A, Gonzalez-Gross M, Widhalm K , Moreno LA, Gutierrez A, Ruiz JR.	J Sci Med Sport. 2019;22(8):929-934
2019 - 06	From conception to infancy - early risk factors for childhood obesity.	Larqué E, Labayen I, Flodmark CE, Lissau I, Czernin S, Moreno LA, Pietrobelli A, Widhalm K .	Nat Rev Endocrinol. 2019 ;15(8):456-478
2019 - 05	Rising rural body-mass index is the main driver of the global obesity epidemic in adults.	NCD Risk Factor Collaboration (NCD-RisC).	Nature. 2019 ;569(7755):260-264
2019 - 04	Skipping breakfast is associated with adiposity markers especially when sleep time is adequate in adolescents.	Forkert ECO, Moraes ACF, Carvalho HB, Manios Y, Widhalm K , González-Gross M, Gutierrez A, Kafatos A, Censi L, De Henauw S, Moreno LA.	Sci Rep. 2019 23;9(1):6380
2019 - 03	Polyphenol intake and metabolic syndrome risk in European adolescents: the HELENA study.	Wisnuwardani RW, De Henauw S, Forsner M, Gottrand F, Huybrechts I, Knaze V, Kersting M, Donne CL, Manios Y, Marcos A, Molnár D, Rothwell JA, Scalbert A, Sjöström M, Widhalm K , Moreno LA, Michels N.	Eur J Nutr. 2019 Mar 22. Epub ahead of print
2019 - 02	How do energy balance-related behaviors cluster in adolescents?	Collese TS, De Moraes ACF, Fernández-Alvira JM, Michels N, De Henauw S, Manios Y, Androutsos O, Kafatos A, Widhalm K , Galfo M, Beghin L, Sjöström M, Pedrero-Chamizo R, Carvalho HB, Moreno LA; HELENA Study Group.	Int J Public Health. 2019 ;64(2):195-208
2019 - 01	Measuring nutritional knowledge using Item Response Theory and its validity in European adolescents.	Souza Santos TS, Julian C, de Andrade DF, Villar BS, Piccinelli R, González-Gross M, Gottrand F, Androutsos O, Kersting M, Michels N, Huybrechts I, Widhalm K , Molnár D, Marcos A, Castillo-Garzón MJ, Moreno LA.	Public Health Nutr. 2019 ;22(3):419-430.

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2018 - 25	How do energy balance-related behaviors cluster in adolescents?	Collese TS, De Moraes ACF, Fernández-Alvira JM, Michels N, De Henauw S, Manios Y, Androustos O, Kafatos A, Widhalm K , Galfo M, Beghin L, Sjöström M, Pedrero-Chamizo R, Carvalho HB, Moreno LA; HELENA Study Group.	Int J Public Health. 2019;64:195-208
2018 - 24	Adolescents' diet quality in relation to their relatives' and peers' diet engagement and encouragement: the Healthy Lifestyle in Europe by Nutrition in Adolescence (HELENA) study.	Vanhelst J, Béghin L, Drumez E, Duhamel A, De Henauw S, Ruiz JR, Kafatos A, Manios Y, Widhalm K , Mauro B, Sjöström M, Kersting M, Gottrand F.	Public Health Nutr. 2018;21:3192-3201.
2018 - 23	Leptin and adiposity as mediators on the association between early puberty and several biomarkers in European adolescents: the HELENA Study.	Rendo-Urteaga T, Ferreira de Moraes AC, Torres-Leal FL, Manios Y, Gottand F, Sjöström M, Kafatos A, Widhalm K , De Henauw S, Molnár D, Marcos A, González-Gross M, Ferrari M, Carvalho HB, Moreno LA; HELENA study group.	J Pediatr Endocrinol Metab. 2018 Nov 27;31(11):1221-1229
2018 - 22	Adherence to the Mediterranean diet in metabolically healthy and unhealthy overweight and obese European adolescents: the HELENA study.	Arenaza L, Huybrechts I, Ortega FB, Ruiz JR, De Henauw S, Manios Y, Marcos A, Julián C, Widhalm K , Bueno G, Kersting M, Kafatos A, Breidenassel C, Pedrero-Chamizo R, Gottrand F, González-Gross M, Moreno LA, Labayen I.	Eur J Nutr. 2018 Aug 18.
2018 - 21	Associations between a Mediterranean diet pattern and inflammatory biomarkers in European adolescents.	Arouca A, Michels N, Moreno LA, González-Gil EM, Marcos A, Gómez S, Díaz LE, Widhalm K , Molnár D, Manios Y, Gottrand F, Kafatos A, Kersting M, Sjöström M, de la O A, Ferrari M, Huybrechts I, Gonzalez-Gross M, De Henauw S	Eur J Nutr. 2018 ;57:1747-1760
2018 - 20	Psychosocial stress and inflammation driving tryptophan breakdown in children and adolescents: A cross-sectional analysis of two cohorts.	Michels N, Clarke G, Olavarria-Ramirez L, Gómez-Martínez S, Díaz LE, Marcos A, Widhalm K , Carvalho LA.	Psychoneuroendocrinology. 2018 ;94:104-111
2018 - 19	Estimated dietary intake of polyphenols in European adolescents: the HELENA study.	Wisnuwardani RW, De Henauw S, Androustos O, Forsner M, Gottrand F, Huybrechts I, Knaze V, Kersting M, Le Donne C, Marcos A, Molnár D, Rothwell JA, Scalbert A, Sjöström M, Widhalm K , Moreno LA, Michels N.	Eur J Nutr. 2018 Jul 30
2018 - 18	Diet as a moderator in the association of sedentary behaviors with inflammatory biomarkers among adolescents in the HELENA study.	Arouca AB, Santaliestra-Pasías AM, Moreno LA, Marcos A, Widhalm K , Molnár D, Manios Y, Gottrand F, Kafatos A, Kersting M, Sjöström M, Sáinz ÁG, Ferrari M, Huybrechts I, González-Gross M, Forsner M, De Henauw S, Michels N; HELENA study group.	Eur J Nutr. 2018 Jul 4.

2018 - 17	Diet as moderator in the association of adiposity with inflammatory biomarkers among adolescents in the HELENA study.	Arouca A, Moreno LA, Gonzalez-Gil EM, Marcos A, Widhalm K , Molnár D, Manios Y, Gottrand F, Kafatos A, Kersting M, Sjöström M, Amaro-Gahete FJ, Ferrari M, Huybrechts I, Gonzalez-Gross M, De Henauw S, Michels N.	Eur J Nutr. 2018 Jun 15
2018 - 16	Do dietary patterns determine levels of vitamin B6, folate, and vitamin B12 intake and corresponding biomarkers in European adolescents? The Healthy Lifestyle in Europe by Nutrition in Adolescence (HELENA) study.	Iglesia I, Huybrechts I, Mouratidou T, Santabárbara J, Fernández-Alvira JM, Santaliestra-Pasías AM, Manios Y, De la O Puerta A, Kafatos A, Gottrand F, Marcos A, Sette S, Plada M, Stehle P, Molnár D, Widhalm K , Kersting M, De Henauw S, Moreno LA, González-Gross M; HELENA study group.	Nutrition. 2018 ;50:8-17
2018 - 15	Mediterranean diet, diet quality, and bone mineral content in adolescents: the HELENA study. Mediterranean diet, diet quality, and bone mineral content in adolescents: the HELENA study.	Julián C, Huybrechts I, Gracia-Marco L, González-Gil EM, Gutiérrez Á, González-Gross M, Marcos A, Widhalm K , Kafatos A, Vicente-Rodríguez G, Moreno LA.	Osteoporos Int. 2018 Mar 5. doi: 10.1007/s00198-018-4427-7. [Epub ahead of print]
2018 - 14	Associations between REV-ERB α , sleep duration and body mass index in European adolescents.	Nascimento Ferreira MV, Goumidi L, Carvalho HB, De Moraes ACF, Santaliestra-Pasías AM, Kafatos A, Molnar D, Lambrinou CP, De Henauw S, Gutierrez A, Censi L, Marcos A, Widhalm K , Gottrand F, Gonzalez-Gross M, Meirhaeghe A, Moreno LA; HELENA Study group.	Sleep Med. 2018 ;46:56-60.
2018 - 13	Mediation of psychosocial determinants in the relation between socio-economic status and adolescents' diet quality.	Michels N, Vynckier L, Moreno LA, Beghin L, de la O A, Forsner M, Gonzalez-Gross M, Huybrechts I, Iguacel I, Kafatos A, Kersting M, Leclercq C, Manios Y, Marcos A, Molnar D, Sjöström M, Widhalm K , De Henauw S.	Eur J Nutr. 2017 Feb 3. doi: 10.1007/s00394-017-1380-8. [Epub ahead of print]
2018 - 12	Contributions of mean and shape of blood pressure distribution to worldwide trends and variations in raised blood pressure: a pooled analysis of 1018 population-based measurement studies with 88.6 million participants.	NCD Risk Factor Collaboration (NCD-RisC).	Int J Epidemiol. 2018 Mar 19. doi: 10.1093/ije/dyy016. [Epub ahead of print]
2018 - 11	Dietary sources of sugars in adolescents' diet: the HELENA study.	Mesana MI, Hilbig A, Androutsos O, Cuenca-García M, Dallongeville J, Huybrechts I, De Henauw S, Widhalm K , Kafatos A, Nova E, Marcos A, González-Gross M, Molnar D, Gottrand F, Moreno LA.	Eur J Nutr. 2018 Mar;57(2):629-641.

2018 - 10	Physical activity, sedentary time, TV viewing, physical fitness and cardiovascular disease risk in adolescents: The HELENA study.	Barker AR, Gracia-Marco L, Ruiz JR, Castillo MJ, Aparicio-Ugarriza R, González-Gross M, Kafatos A, Androutsos O, Polito A, Molnar D, Widhalm K , Moreno LA.	Int J Cardiol. 2018 Mar 1;254:303-309
2018 - 09	Physical activity awareness of European adolescents: The HELENA study.	Vanhelst J, Béghin L, Duhamel A, De Henauw S, Ruiz JR, Kafatos A, Manios Y, Widhalm K , Mauro B, Sjöström M, Gottrand F.	J Sports Sci. 2018 Mar;36(5):558-564.
2018 - 08	Correlates of ideal cardiovascular health in European adolescents: The HELENA study.	Henriksson P, Henriksson H, Labayen I, Huybrechts I, Gracia-Marco L, Ortega FB, España-Romero V, Manios Y, González-Gross M, Marcos A, Moreno LA, Gutiérrez Á, Ruiz JR; HELENA Study Group.	Nutr Metab Cardiovasc Dis. 2018 Feb;28(2):187-194. doi: 10.1016/j.numecd.2017.10.018. Epub 2017 Oct 28.
2018 - 07	Dietary Patterns in European and Brazilian Adolescents: Comparisons and Associations with Socioeconomic Factors.	Borges CA, Slater B, Santaliestra-Pasías AM, Mouratidou T, Huybrechts I, Widhalm K , Gottrand F, Manios Y, Jimenez-Pavón D, Valtueña J, Le Donne C, Marcos A, Molnar D, Castillo MJ, De Henauw S, Moreno LA.	Nutrients. 2018 Jan 9;10(1). pii: E57. doi: 10.3390/nu10010057.
2018 - 06	Clustering of multiple energy balance related behaviors is associated with body fat composition indicators in adolescents: Results from the HELENA and ELANA studies.	Moreira NF, da Veiga GV, Santaliestra-Pasías AM, Androutsos O, Cuenca-García M, de Oliveira ASD, Pereira RA, de Moraes ABV, Van den Bussche K, Censi L, González-Gross M, Cañada D, Gottrand F, Kafatos A, Marcos A, Widhalm K , Mólnar D, Moreno LA.	Appetite. 2018 Jan 1;120:505-513. doi: 10.1016/j.appet.2017.10.008. Epub 2017 Oct 7.
2018 - 05	Early life programming of attention capacity in adolescents: The HELENA study	Esteban-Cornejo I, Henriksson P, Cadenas-Sanchez C, Vanhelst J, Forsner M, Gottrand F, Kersting M, Moreno LA, Ruiz JR, Widhalm K , Ortega FB; HELENA study group	Matern Child Nutr. 2017 Apr 11. doi: 10.1111/mcn.12451. [Epub ahead of print]
2018 - 04	Inflammation in metabolically healthy and metabolically abnormal adolescents: The HELENA study.	González-Gil EM, Cadenas-Sanchez C, Santabárbara J, Bueno-Lozano G, Iglesia I, González-Gross M, Molnar D, Gottrand F, De Henauw S, Kafatos A, Widhalm K , Manios Y, Siani A, Amaro-Gahete F, Rupérez AI, Cañada D, Censi L, Kersting M, Dallongeville J, Marcos A, Ortega FB, Moreno LA; HELENA study group.	Nutr Metab Cardiovasc Dis. 2018 Jan;28(1):77-83
2018 - 03	Current Guidelines for Obesity Prevention in Childhood and Adolescence.	Weihrauch-Blüher S, Kromeyer-Hauschild K, Graf C, Widhalm K , Korsten-Reck U, Jödicke B, Markert J, Müller MJ, Moss A, Wabitsch M, Wiegand S.	Obes Facts. 2018;11(3):263-276.

2018 - 02	The Viennese EDDY Study as a Role Model for Obesity: Prevention by Means of Nutritional and Lifestyle Interventions.	Widhalm K , Helk O, Pachinger O.	Obes Facts. 2018;11(3):247-256
2018 - 01	Prevention of Obesity in Childhood and Adolescence.	Widhalm K .	Obes Facts. 2018;11(3):232-233.

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2017 - 32	Worldwide trends in body-mass index, underweight, overweight, and obesity from 1975 to 2016: a pooled analysis of 2416 population-based measurement studies in 128.9 million children, adolescents, and adults.	NCD Risk Factor Collaboration (NCD-RisC).	Lancet. 2017 Dec 16;390(10113):2627-2642
2017 - 31	Low Vitamin D blood levels with significant differences between the sexes in Viennese school children – the EDDY study	Widhalm K , Pachinger O, Helk O, Pöppelmeyer C, Mehany S	Aktuel Ernährungsmed 2017; 42: 1-5 doi: 10.1055/s-0043-123835
2017 - 30	Fragmentation of daily rhythms associates with obesity and cardiorespiratory fitness in adolescents: The HELENA study.,	Garaulet M, Martinez-Nicolas A, Ruiz JR, Konstabel K, Labayen I, González-Gross M, Marcos A, Molnar D, Widhalm K , Casajús JA, De Henauw S, Kafatos A, Breidenassel C, Sjöström M, Castillo MJ, Moreno LA, Madrid JA, Ortega FB; HELENA study group.,	Clin Nutr. 2017 Dec;36(6):1558-1566.
2017 - 29	Do adolescents accurately evaluate their diet quality? The HELENA study.	Vanhelst J, Béghin L, Duhamel A, De Henauw S, Ruiz JR, Kafatos A, Androutsos O, Widhalm K , Mauro B, Sjöström M, Kersting M, Gottrand F.,	Clin Nutr. 2017 Dec;36(6):1669-1673. doi: 10.1016/j.clnu.2016.10.019. Epub 2016 Oct 27
2017 - 28	Inflammation and insulin resistance according to body composition in European adolescents: the HELENA study.	González-Gil E, Gracia-Marco L, Santabábara J, Molnar D, Amaro Gahete FJ, Gottrand F, Arouca A, Kafatos A, Widhalm K , Manios Y, Siani A, González-Gross M, Gómez-Martínez S, Díaz LE, Leclercq C, Dallongeville J, Marcos A, Moreno Aznar LA.	Nutr Hosp. 2017 Oct 24;34(5):1033-1043. doi: 10.20960/nh.747.
2017 - 27	Attention capacity in European adolescents: role of different health-related factors. The HELENA study.,	Esteban-Cornejo I, Cadenas-Sanchez C, Vanhelst J, Michels N, Lambrinou CP, González-Gross M, Widhalm K , Kersting M, de la O Puerta A, Kafatos A, Moreno LA, Ortega FB; HELENA study group.,	Eur J Pediatr. 2017 Oct;176(10):1433-1437. doi: 10.1007/s00431-017-3000-2. Epub 2017 Aug 31.

2017 - 26	Cardiorespiratory fitness, waist circumference and liver enzyme levels in European adolescents: The HELENA cross-sectional study.,	Medrano M, Labayen I, Ruiz JR, Rodríguez G, Breidenassel C, Castillo M, Pedrero R, Widhalm K , Kafatos A, Manios Y, Molnar D, González-Gross M, Ortega FB, Moreno LA.,	J Sci Med Sport. 2017 Oct;20(10):932-936. doi: 10.1016/j.jsams.2017.04.006. Epub 2017 Apr 21.
2017 - 25	Prevalence of ideal cardiovascular health in European adolescents: The HELENA study.,	Henriksson P, Henriksson H, Gracia-Marco L, Labayen I, Ortega FB, Huybrechts I, España-Romero V, Manios Y, Widhalm K , Dallongeville J, González-Gross M, Marcos A, Moreno LA, Castillo MJ, Ruiz JR; HELENA study group	Int J Cardiol. 2017 Aug 1;240:428-432. doi: 10.1016/j.ijcard.2017.03.022.
2017 - 24	Relationship between school rhythm and physical activity in adolescents: the HELENA study.,	Vanhelst J, Béghin L, Duhamel A, De Henauw S, Molnar D, Vicente-Rodriguez G, Manios Y, Widhalm K , Kersting M, Polito A, Ruiz JR, Moreno LA, Gottrand F.,	J Sports Sci. 2017 Aug;35(16):1666-1673. doi: 10.1080/02640414.2016.1229013. Epub 2016 Sep 6.
2017 - 23	Prevalence of Metabolically Healthy but Overweight/Obese Phenotype and Its Association With Sedentary Time, Physical Activity, and Fitness.	Cadenas-Sanchez C, Ruiz JR, Labayen I, Huybrechts I, Manios Y, González-Gross M, Breidenassel C, Kafatos A, De Henauw S, Vanhelst J, Widhalm K , Molnar D, Bueno G, Censi L, Plada M, Sjöström M, Moreno LA, Castillo MJ, Ortega FB.,	J Adolesc Health. 2017 Jul;61(1):107-114. doi: 10.1016/j.jadohealth.2017.01.018. Epub 2017 Mar 28.
2017 - 22	[Associations between insulin resistance and three B-vitamins in European adolescents: the HELENA study].	Iglesia I, González-Gross M, Huybrechts I, De Miguel-Etayo P, Molnar D, Manios Y, Widhalm K , Gottrand F, Kafatos A, Marcos A, De la O Puerta A, Leclercq C, De Henauw S, Stehle P, Kersting M, Mouratidou T, Moreno LA.,	Nutr Hosp. 2017 Jun 5;34(3):568-577. doi: 10.20960/nh.559.
2017 - 21	Amino acids intake and physical fitness among adolescents.	Gracia-Marco L, Bel-Serrat S, Cuenca-Garcia M, Gonzalez-Gross M, Pedrero-Chamizo R, Manios Y, Marcos A, Molnar D, Widhalm K , Polito A, Vanhelst J, Hagströmer M, Sjöström M, Kafatos A, de Henauw S, Gutierrez Á, Castillo MJ, Moreno LA; HELENA Study Group	Amino Acids. 2017 Jun;49(6):1041-1052. doi: 10.1007/s00726-017-2393-6. Epub 2017 Mar 17.
2017 - 20	Diet quality and attention capacity in European adolescents: the Healthy Lifestyle in Europe by Nutrition in Adolescence (HELENA) study.,	Henriksson P, Cuenca-García M, Labayen I, Esteban-Cornejo I, Henriksson H, Kersting M, Vanhelst J, Widhalm K , Gottrand F, Moreno LA, Ortega FB.,	Br J Nutr. 2017 Jun;117(11):1587-1595. doi: 10.1017/S0007114517001441. Epub 2017 Jun 30
2017 - 19	Erratum to: Foods contributing to vitamin B6, folate, and vitamin B12 intakes and biomarkers status in European adolescents: The HELENA study.,	Iglesia I, Mouratidou T, González-Gross M, Huybrechts I, Breidenassel C, Santabárbara J, Díaz LE, Hällström L, De Henauw S, Gottrand F, Kafatos A, Widhalm K , Manios Y, Molnar D, Stehle P, Moreno LA; on the behalf of HELENA study group.,	Eur J Nutr. 2017 Jun;56(4):1783. doi: 10.1007/s00394-016-1361-3. No abstract available.

2017 - 18	Foods contributing to vitamin B6, folate, and vitamin B12 intakes and biomarkers status in European adolescents: The HELENA study.,	Iglesia I, Mouratidou T, González-Gross M, Huybrechts I, Breidenassel C, Santabárbara J, Díaz LE, Hällström L, De Henauw S, Gottrand F, Kafatos A, Widhalm K , Manios Y, Molnar D, Stehle P, Moreno LA; on the behalf of HELENA study group.,	Eur J Nutr. 2017 Jun;56(4):1767-1782. doi: 10.1007/s00394-016-1221-1. Epub 2016 May 25. Erratum in: Eur J Nutr. 2017 Jun;56(4):1783.
2017 - 17	Association between dietary inflammatory index and inflammatory markers in the HELENA study.	Shivappa N, Hebert JR, Marcos A, Diaz LE, Gomez S, Nova E, Michels N, Arouca A, González-Gil E, Frederic G, González-Gross M, Castillo MJ, Manios Y, Kersting M, Gunter MJ, De Henauw S, Antonios K, Widhalm K , Molnar D, Moreno L	Mol Nutr Food Res. 2017 Jun;61(6). doi: 10.1002/mnfr.201600707. Epub 2017 Feb 22. Review
2017 - 16	Dietary sources and sociodemographic and lifestyle factors affecting vitamin D and calcium intakes in European adolescents: the Healthy Lifestyle in Europe by Nutrition in Adolescence (HELENA) Study.	Julián C, Mouratidou T, Vicente-Rodriguez G, Gracia-Marco L, Valtueña J, González-Gross M, Ferrari M, Gottrand F, Manios Y, de la O A, Widhalm K , Molnár D, Kafatos A, Sjöström M, Kersting M, Gunter MJ, De Henauw S, Moreno LA, Huybrechts I	Public Health Nutr. 2017 Jun;20(9):1593-1601. doi: 10.1017/S1368980017000532. Epub 2017 May 2.
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2017 - 14	The Effect of Alternate-Day Fasting (ADF) on Weight Loss, Metabolic Parameters and Psychological Characteristics	Widhalm K , Pöppelmeyer C, Helk O;	Aktuel Ernährungsmed 2017; 42: 188-192 doi https://doi.org/10.1055/s-0443-109126
2017 - 13	Ideal cardiovascular health and liver enzyme levels in European adolescents; the HELENA study.	Labayen I, Ruiz JR, Huybrechts I, Ortega FB, Castillo M, Sjöstrom M, González-Gross M, Manios Y, Widhalm K , Kafatos A, Breidenassel C, Rodríguez G, Dallongeville J, Gottrand F, Moreno LA	J Physiol Biochem. 2017 May;73(2):225-234. doi: 10.1007/s13105-016-0546-9. Epub 2017 Jan 6.
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2017 - 10	Fitness and fatness in relation with attention capacity in European adolescents: The HELENA study	Cadenas-Sanchez C, Vanhelst J, Ruiz JR, Castillo-Gualda R, Libuda L, Labayen I, De Miguel-Etayo P, Marcos A, Molnár E, Catena A, Moreno LA, Sjöström M, Gottrand F, Widhalm K, Ortega FB; HELENA project group	J Sci Med Sport. 2017 Apr;20(4):373-379. doi: 10.1016/j.jsams.2016.08.003. Epub 2016 Aug 9
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2015 - 06	Associations of early life and sociodemographic factors with menarcheal age in European adolescents.	Meulenijzer E, Vyncke K, Labayen I, Meirhaeghe A, Béghin L, Breidenassel C, España-Romero V, Manios Y, Ferrari M, Moreno LA, Gottrand F, De Henauw S, González-Gross M, Kafatos A, Widhalm K , Molnár D, Sjöström M, Marcos A, Androutsos O, Wärnberg J, Gilbert CC, Huybrechts I.	Eur J Pediatr. 2015 Feb;174(2):271-8
2015 - 05	Dietary animal and plant protein intakes and their associations with obesity and cardio-metabolic indicators in European adolescents: the HELENA cross-sectional study.	Lin Y, Mouratidou T, Vereecken C, Kersting M, Bolca S, de Moraes AC, Cuenca-García M, Moreno LA, González-Gross M, Valtueña J, Labayen I, Grammatikaki E, Hallstrom L, Leclercq C, Ferrari M, Gottrand F, Beghin L, Manios Y, Ottevaere C, Van Oyen H, Molnar D, Kafatos A, Widhalm K , Gómez-Martínez S, Prieto LE, De Henauw S, Huybrechts I; HELENA study group.	Nutr J. 2015 Jan 21;14:10
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2014 - 25	Reference values for leptin, cortisol, insulin and glucose, among European adolescents and their association with adiposity: the HELENA study.	Koester-Weber T, Valtueña J, Breidenassel C, Beghin L, Plada M, Moreno S, Huybrechts I, Palacios G, Gómez-Martínez S, Albers U, De Henauw S, Maiani G, Kafatos A, Molnar D, Sjöstrom M, Widhalm K , Manios Y, Moreno LA, Marcos A, Castillo MJ, Stehle P, Gonzalez-Gross M.	Nutr Hosp. 2014 Nov 1;30(5):1181-90.
2014 - 24	Vitamins and iron blood biomarkers are associated with blood pressure levels in European adolescents. The HELENA study.	de Moraes AC, Gracia-Marco L, Iglesia I, González-Gross M, Breidenassel C, Ferrari M, Molnar D, Gómez-Martínez S, Androustos O, Kafatos A, Cuenca-García M, Sjöström M, Gottrand F, Widhalm K , Carvalho HB, Moreno LA.	Nutrition. 2014 Nov-Dec;30(11-12):1294-300.

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2014 - 21	Is dairy consumption associated with low cardiovascular disease risk in European adolescents? Results from the HELENA Study.	Bel-Serrat S, Mouratidou T, Jiménez-Pavón D, Huybrechts I, Cuenca-García M, Mistura L, Gottrand F, González-Gross M, Dallongeville J, Kafatos A, Manios Y, Stehle P, Kersting M, De Henauw S, Castillo M, Hallstrom L, Molnár D, Widhalm K , Marcos A, Moreno LA; HELENA Study Group.	Pediatr Obes. 2014 Oct;9(5):401-10.
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2012 - 28	Gender and age influence blood folate, vitamin B12, vitamin B6, and homocysteine levels in European adolescents: the Helena Study.	González-Gross M, Benser J, Breidenassel C, Albers U, Huybrechts I, Valtueña J, Spinneker A, Segoviano M, Widhalm K , Molnar D, Moreno LA, Stehle P, Pietrzik K; HELENA Study group.	Nutr Res. 2012 Nov;32(11):817-26
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